



## Styles or Systems?

Well Styles will take to long to list so I'll go by system.

Taekwondo - Korea

Karate - Okinawa

Jujitsu - Japan

Judo - Japan

Taijutsu - Japan

Hozan Ryu - Japan

Aikido - Japan

Tang Soo Do - Korea

Subak - Korea

Pugilism - Greece

Pankration - Greece

Systema - Russia

Mau Rakau - New Zealand

Lua - Hawaii

Bokator - Khmer Empire/ South East Asia/ Cambodia

Musti Yuddha - India

Gatka - India

Dambe - West Africa

Nuba fighting - Sudan

Maia - New Zealand

Capoiera - Brazil

Kuk Sool Won - Korea

Choi Kwang Do - Korea

Bartitsu - England

Fiore - Italy/ France  
Savate - France  
Wing Chun - Southern China  
Hung Gar - Southern China  
Long Xing Mo Qiao - Southern China  
Fujian White Crane - Southern China  
Jeet Kun Do - USA  
Eagle Claw - Northern China  
Qin Na - Northern China  
Krav Maga - Israel  
Eskrima - Philippines  
Silat - Indonesia and Malaysia  
Glima - Netherlands  
Shaolin Kung Fu - Northern China  
Muay Thai - Thailand  
Muay Laos - Laos  
Lethwei - Burma  
Pradal serey - Cambodia/ Khmer  
Tomoi - Malaysia  
MCMAP - USA  
Kajukenbo - USA  
Defendo - Canada

and the list goes on and on.

Muay Thai  
Taekwondo  
Brazilian Jiu-Jitsu  
Sambo  
Judo  
Boxing  
Kickboxing  
Wing Chun  
Greco-Roman Wrestling  
Freestyle Wrestling  
Folkstyle Wrestling  
Savate  
Muay Boran

Krabi Krabong  
Pencak Silat  
Bokator  
Aikido  
Hapkido  
Shotokan Karate  
Kyokushin Karate  
Kenpo Karate  
Sanshou  
Sumo  
Escrima  
Jujitsu  
Kenjutsu  
Ninjutsu  
Kendo  
Iaido  
Krav Maga  
Fencing  
Kobra Kai